



Prepare Today. Protect Tomorrow.

September is National Preparedness Month, a time to remind all Tennesseans that emergencies can happen at any time. Tennessee faces hazards including tornadoes, severe storms, flooding, wildfires, winter weather, extreme heat, and earthquakes. Being prepared can help keep you, your family, and your community safe.

4 Simple Steps to Get Prepared

1. Make a Plan

- Identify emergency meeting locations.
- Create a family communication plan.
- Include plans for older adults, individuals with disabilities, children, and pets.
- Keep emergency contact information readily available.

2. Build an Emergency Kit

Have enough supplies for at least 72 hours:

- Water (1 gallon per person per day)
- Non-perishable food
- Medications and medical supplies
- Flashlights and extra batteries
- First aid kit
- Battery-powered or weather radio
- Personal hygiene items
- Copies of important documents
- Cash and phone chargers

3. Stay Informed

- Enable Wireless Emergency Alerts on your phone.
- Monitor local weather and emergency notifications.
- Know the hazards most likely to affect your area.

4. Prepare to Recover

- Review insurance coverage annually.
- Protect and store important documents.
- Maintain emergency savings when possible.
- Know available community resources and assistance programs.

Tennessee-Specific Hazards

- Tornadoes and severe storms
 - Flash flooding
 - Extreme heat
- Winter storms and ice
 - Wildfires
- Earthquakes (New Madrid Seismic Zone)

****Remember:** Disasters don't plan ahead—but you can. Taking a few simple steps today can help protect your family, neighbors, and community when emergencies occur.