



## South Central Tennessee Area Agency on Aging & Disability

101 Sam Watkins Blvd, Mt. Pleasant, TN 38474  
(931) 379-2929 or Toll Free 1-866-836-6678 \* Fax (931) 379-2685 \* [www.sctaaad.org](http://www.sctaaad.org)

### **SCTDD Golf Classic Raises Nearly \$9,000 for Charity**

The annual SCTDD Golf Classic was a big hit again this year, raising funds for the Personal Assistance Program that helps low-income elderly and adults with disabilities with unmet safety and/or health needs. The program helps with food, transportation, prescription medication, eyeglasses, dental care, rent, heaters/air conditioners, wheelchair ramps and other minor home modifications, etc. For more information or for an application for the Personal Assistance Program, contact the AAAD Information & Assistance hotline at 1-866-836-6678 or 931-379-2940.

It is because of the generosity of our sponsors, the participation of our players, and the kindness of our volunteers, as well as a great golf course and staff at Henry Horton State Park, that we had such a great event. In addition to the awesome SCTDD staff, we had special volunteers from NHC Homecare, Behavioral Healthcare Center of Columbia, and TML Risk Management Pool, and retired veterinarian Dr. Doyle Meadows. A BIG THANKS to everyone who contributed! And, congratulations to the day's winners pictured below.

#### **CHAMPIONSHIP FLIGHT WINNERS**



1<sup>st</sup> Place - Danny Davis, Elliott Smith, Sterling Smith & Jay Blackwell



2<sup>nd</sup> Place - At Home Healthcare of Middle TN: David Wilson, Bucky Ford & Beavis Ford



3<sup>rd</sup> Place - Schnitzer Steel: Joe Liggett, Guy Chambers, Terry Wallace & Buddy Wiles

#### **FIRST (1<sup>st</sup>) FLIGHT WINNERS**



1<sup>st</sup> Place - CTAS: Charlie Curtis, Ben Rodgers, Gary Hayes & Marty Spears



2<sup>nd</sup> Place - SWTDD: Joe Barker, Jimmy Johnston, Bill Graves & Jerry Merriman



3<sup>rd</sup> Place - SCHRA II: Matt Rosson, Paul Rosson, T.R. Williams & Bill Webb

## SECOND (2<sup>nd</sup>) FLIGHT WINNERS



1<sup>st</sup> Place – Blessed Four: Lee Pendergrass, Roger Puckett, Terry Warren & Tommy Cagle



2<sup>nd</sup> Place – Norman Harris, Joe Max Williams, Ed Brooks & Richard Kennedy



3<sup>rd</sup> Place – HealthSouth Rehab Hospital of Franklin: Nicky Rochelle, Robin Rochelle, Patricia Huffman & Scott Peterson

## CONTEST WINNERS



Closest to Pin Hole #2  
Tim Lokey



Closest to Pin Hole #8  
Jason Lovell



Closest to Pin Hole #14  
Charles McFall



Closest to Pin Hole #16  
Jake Wolaver



Women's Long Drive  
Anita Turnbow



Men's Long Drive  
John Cook



Straightest Drive  
Charles McFall



Longest Putt Made  
Bill Graves



Putting Contest Finalist  
Will Nichols

## Walgreens Community Service Project Improves Home for Elderly

Stephanie Collins & Catherine Crisp of Lawrenceburg Walgreens recently headed up a community service project to improve the home of a low-income elderly woman in the Columbia area. They coordinated with the AAAD to identify a low-income elderly home that needed assistance. The top picture is the home before, and the bottom is after Walgreens worked their magic. Walgreens had over a dozen employees working on the project over a weekend in May, painting the entire home and shutters, and sprucing up the home. The homeowner was also a recipient of a grant with the SCTDD Emergency Repair Program and the local Housing Coalition where she was able to get new windows, gutters, bathroom repair and foundation repair. This is just one example of how partnerships among various agencies and businesses can make a great difference!





## **Recognizing World Elder Abuse Awareness Day on June 15<sup>th</sup>**

The AAAD recognized the World Elder Abuse Awareness Day by providing a purple cake, wearing purple, and providing educational information at the quarterly Advisory Council meeting on June 14<sup>th</sup>. The Adult Abuse Coalition provided purple t-shirts to all conference attendees in May and provided purple magnetic clips with educational information in the SCTDD Golf Classic goody bags. In addition, some of the senior centers, such as Bedford County pictured below in their purple, had activities. More than 1 in 10 elders may experience some type of abuse, but only 1 in 23 cases are ever reported. If you suspect elder abuse, you are required to report it by calling Adult Protective Services at 1-888-277-8366. Join our fight to STOP elder abuse!



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## **AAAD Hosts 12<sup>th</sup> Annual Senior Center Director's Training Retreat**



All 13 Senior Centers were represented at the 12<sup>th</sup> Annual Senior Center Director's Retreat at Henry Horton State Park on June 28, 2017. The day was filled with educational sessions to help senior center directors in their everyday jobs. The retreat was highlighted with two guest speakers: Joani Shaver with the Blount County SMiles Program gave information and answered questions about their Senior Volunteer Assisted Transportation program, and Shirley Buchanan with the Kingsport Senior Center shared information on the process of National Senior Center Accreditation and other innovative programming ideas. The AAAD continues to support our focal point senior centers in each county as they serve on the front lines in helping seniors meet their needs in their communities and provide a better quality of life.



### **MARK YOUR CALENDARS FOR UPCOMING EVENTS:**

July 13 <sup>th</sup>	TFA Board of Directors Meeting, West Nashville Police Precinct, 10am
Aug. 8 <sup>th</sup>	TN Commission on Aging & Disability Quarterly Meeting, Nashville, 8:30 am
Sep 6 <sup>th</sup>	Adult Abuse Coalition Quarterly Meeting, Hewitt House, Pulaski, 10 am
Sep 10-14	Southeastern Assoc. of Area Agencies (SE4A) Annual Conference, Greenville, SC
Sep 14 <sup>th</sup>	Advisory Council on Aging & Disability Meeting, 10 am @ SCTDD
Sep.19 <sup>th</sup>	Senior Center Director's Association Meeting, 10am, Giles Co Senior Center
Sep 20-21 <sup>st</sup>	Governor's Housing Conference, Music City Center, Nashville

# National Family Caregiver Support Program

## PARTNERS IN CAREGIVING

The following providers allow a 10% discount on services and goods provided by the NFCSP:

*In-home Service Providers:*

<b>Aid &amp; Assist at Home, LLC</b>	<b>888-721-7380</b>
<b>A Plus Staffing, Inc.</b>	<b>877-933-7823</b>
<b>Caring Hearts Home Health Care, LLC</b>	<b>855-245-0870</b>
<b>Home Instead Senior Care – Franklin</b>	<b>931-388-6100</b>
<b>Home Instead Senior Care - Tullahoma</b>	<b>931- 454-2022</b>
<b>Senior Moments Healthcare</b>	<b>844-670-1081</b>
<b>South Central Human Resource Agency</b>	<b>800-221-2642</b>

*Personal Emergency Response Systems (PERS):*

<b>Guardian Angel Healthcare Services</b>	<b>931-703-5537</b>
<b>Lifeline Systems, Inc.</b>	<b>800-368-2925</b>
<b>Valued Relationships, Inc. (VRI)</b>	<b>800-860-4230</b>

*The following providers maintain an inventory of donated durable medical equipment:*

### **Medical Equipment Recycling Program**

<b>Bedford County Senior Center</b>	<b>Coffee County Senior Center</b>
<b>Giles County Senior Center</b>	<b>Hickman County Senior Center</b>
<b>Lewis County Senior Center</b>	<b>Lincoln County Senior Center</b>
<b>Marshall County Senior Center</b>	<b>Maury County Senior Center</b>
<b>Moore County Senior Center</b>	<b>Perry County Senior Center</b>
<b>Wayne County Senior Center</b>	

*The following providers are licensed to provide professional counseling.*

### **Caregiver Counseling**

<b>Family Counseling Center</b>	<i>(Bedford, Coffee, Franklin &amp; Moore counties)</i>	<b>931-723-0380</b>
<b>LifeCare Family Services</b>	<i>(Giles, Lawrence &amp; Maury counties)</i>	<b>1-877-881-0359</b>
<b>Betty M. Lane, M.S.</b>	<i>(located in Fayetteville in Lincoln County)</i>	<b>931-433-2929</b>



**SHIP – SHAPE**  
**State Health Insurance Assistance Program**  
**The Money Issue**

***Mark your calendar now for Medicare Open Enrollment:***  
***October 15 – December 7, 2017***  
***Your chance to SAVE \$ money.***

This is the only time of year when ALL people with Medicare can change their Medicare Advantage Plans and Prescription Drug Plans for the next year. Call our SHIP/SMP office at 931-379-2927 to receive free, unbiased information on Medicare Advantage Plans and Part D Prescription Drug Plans. Plan Comparisons are provided to show you the most affordable plans available, what is covered, and how much you will expect to pay out of pocket for 2018.

Remember plans can change each year, so don't take a chance! Get your free plan comparisons with us! SHIP/SMP staff and volunteers are available to provide presentations and set up enrollment events. SHIP/SMP does NOT sell insurance or any other products.

**ACA Marketplace Health Insurance and Medicare Do Not Mix**

**Time-limited equitable relief for enrolling in Part B –**  
**You have until September 30, 2017 to get rid of your penalty.**

There has been some confusion regarding the Affordable Care Act – Marketplace Health Insurance Plans and enrolling in Medicare Part B. Unfortunately this confusion has resulted in Medicare Part B premium penalties for many people.

Once you become Medicare eligible whether you age on at 65 or have been on Disability for a couple of years, you lose your cost assistance with the Marketplace Plans. You are no longer eligible for tax credits. Not only that but if you did not sign up for Medicare Part B when you should have...you will have a penalty amount added to your premium when you do enroll in Medicare Part B.

Now is your ONE chance to make that penalty go away. You will have to gather the appropriate documentation and visit your Social Security Administration office to complete the process. Get started today! Contact your local SHIP/SMP office [toll free 1-877-801-0044 or direct at 931-379-2927] to get more details. Remember you only have until September 30, 2017!



### ***Your Chance to Help Others***

**Do you know someone on Medicare who has trouble paying for their medication?**

**We need your help to reach them! The SHIP/SMP office provides application assistance to Medicare beneficiaries who might be eligible for help with Medicare costs.**

**We are glad to provide brochures explaining these assistance programs to individuals or to groups who could reach those in need. Please call, email or fax our office with the contact information for your group, local food pantries, clothes closets, etc. Contact names, mailing addresses and phone numbers would be greatly appreciated!**

**Please send the information to:**

**[mdavid@sctdd.org](mailto:mdavid@sctdd.org)    FAX: 931-379-2685    SHIP/SMP Help Project  
101 Sam Watkins Blvd.  
Mt Pleasant, TN 38474**

**Note: Those who already have assistance with Medicare cost [QMB, SLMB, QI1] are receiving renewal packages by mail. These are large packages with around 96 pages from the State of Tennessee TennCare office. If you do not complete your packet and return it by the date requested you will lose your help! Please call us if you need assistance in this process.**



**Public Service Announcement:**

**If you or someone you know has Medicaid, QMB, SLMB, or QI1 ...and has moved or plan to move, you must change your address with the TennCare Office.** The TennCare Office administers all of these programs. Failing to update your address with them could result in losing your benefits. Your local SHIP/SMP office can provide you with TennCare's Change of Address Form. Simply give us a call at 931-379-2927.

The SHIP-SHAPE column is sponsored by the State Health Insurance Assistance Program (SHIP) & the Senior Medicare Patrol (SMP). The column is designed to provide information to help Medicare beneficiaries understand, access, and protect their Medicare benefits.

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Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

SHIP is a part of the Area Agency on Aging & Disability. Please send questions & brochure requests to the local SHIP/SMP office at [scraig@sctdd.org](mailto:scraig@sctdd.org) or call 931-379-2927. 