



## South Central Tennessee Area Agency on Aging & Disability

101 Sam Watkins Blvd, Mt. Pleasant, TN 38474  
(931) 379-2929 or Toll Free 1-866-836-6678 \* Fax (931) 379-2685 \* [www.sctaaad.org](http://www.sctaaad.org)

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# SAVE THE DATE

SCTDD's Annual Golf Classic  
Friday, June 9<sup>th</sup> - 8am Shotgun Start  
at Henry Horton State Park

Mark your calendars for our annual SCTDD Golf Classic, and plan to join us for a great cause on Friday, June 9, 2017 at the beautiful Henry Horton State Park Golf Course in Chapel Hill. The day includes breakfast and lunch, goody bags, door prizes, team pictures, cash prizes for team flights and individual hole prizes, including a \$10,000 Cash Hole-in-One opportunity! Sponsorship and golfer registration information will be distributed soon. If you are interested in a major sponsorship or would like to offer a unique sponsorship opportunity, contact Robin Rochelle today at 931-379-2931.

All proceeds from the SCTDD Golf Classic benefit the Emergency Assistance Program for Elderly & Persons with a Disability. This program assists low-income elderly and persons with a disability in our 13-county service area with various types of health and/or safety needs. Over the years, SCTDD has helped with food and necessary household items, wheelchair ramps, minor home modifications, medical expenses, dental care, vision care, eyeglasses, housing, transportation to necessary appointments, medical equipment and supplies, prescription drug expenses, and much more. Last year, the SCTDD Golf Classic raised \$9,000, which was a record! But, the funds were spent in only five (5) months because of the increased needs of our elderly and disabled population in our communities. So, this year, let's set a new record by raising even more money than ever, so that maybe next year, we don't have to turn anyone away due to lack of funds. Thank you for your support!

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## The AAAD's Santa Program a Huge Success



Thanks to everyone who helped make the 2016 *Santa for a Senior or Adult with a Disability Program* another success! This program continues to grow each year through all of the generous contributions from individuals, businesses, churches, and other organizations. Over 100 seniors or adults with a disability received a Christmas gift, with over 70 of them also receiving boxes of food/household items. Many of these folks wouldn't have received anything for Christmas had it not been for this program and the generosity of those who donated.



# FREE DENTAL CLINIC FOR SENIORS IN SOUTH CENTRAL TN

The South Central TN AAAD received a grant from the Community Foundation of Middle Tennessee to provide a dental clinic for seniors in each of our 13 counties. Seniors must be age 60 or older, not have access to dental care or insurance, and must live in the 13-county south central service area. Dental services provided will include comprehensive exam, routine cleaning, x-rays, composite fillings, extractions, denture check fit, and soft reline of dentures. To participate, you must make an appointment. See below for locations, dates, and phone numbers.

3/23/17	Bedford County Senior Center, Shelbyville	684-0019
3/24/17	Coffee County Senior Center, Tullahoma	455-2504
3/30/17	Lawrence County Senior Center, Lawrenceburg	762-9259
3/31/17	Giles County Senior Center, Pulaski	363-6610
4/20/17	Franklin County Senior Center, Winchester	967-0741
4/21/17	Moore County Senior Center, Lynchburg	759-7317
4/27/17	Lincoln County Senior Center, Fayetteville	433-7271
4/28/17	Marshall County Senior Center, Lewisburg	359-1808
5/11/17	Maury County Senior Center, Columbia	380-3950
5/12/17	Lewis County Senior Center, Hohenwald	796-5558
5/25/17	Hickman County Senior Center, Centerville	729-2115
5/26/17	Perry County Senior Center, Linden	589-5111
6/1/17	Wayne County Senior Center, Waynesboro	722-3161

Dental Services Provided by: Care Services Management

*Funding provided by: Serving Tennessee's Seniors – administered by The Community Foundation of Middle Tennessee at the request of the Davidson County Chancery Court. Grantee: South Central Tennessee Development District/Area Agency on Aging and Disability*



## Tennessee Federation for the Aging, Inc. (TFA) Transitions into 2017



New TFA President Julie Jones (right) presents award to Robin Rochelle (left) for serving as TFA President in 2015-2016

TFA has a lot planned for 2017, and we hope that you will join us! TFA is starting off 2017 with a new President, Julie Jones of Northwest TN AAAD. Julie recently served as TFA Vice President, has served on TFA committees, and has been a member of TFA for many years. At the January 2017 Board of Director’s meeting, Julie presented an appreciation award to immediate Past President Robin Rochelle, of South Central AAAD, for her leadership in the 2015 and 2016 terms. TFA is busy planning the “Aging Day on the Hill”, which is Tuesday, March 7, 2017. Please see the flyer included in this newsletter with the details and registration information. We hope you will take this opportunity to join us in advocating for our older Tennesseans!

Also, mark your calendars for the 2017 TFA Annual Fall Aging Network Conference scheduled for November 28-30 at Music Road Resort in Pigeon Forge, TN. The 2016 conference drew approximately 250 people and received rave reviews on the location, the speakers and their topics, and the various activities. We hope to see you in Pigeon Forge in November!

## **Celebrating Our AAAD Volunteers** Volunteer Appreciation Week is April 23-29, 2017



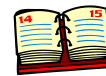
The South Central TN AAAD would like to give a big **THANKS** to our outstanding **VOLUNTEERS** who generously donate their time and efforts to help older adults and/or adults with disabilities in our south central Tennessee communities. Without our volunteers, most of what we do would not be possible, and we would not be able to reach and serve as many people as we do. If you are not currently an AAAD volunteer, but are interested in helping others, give us a call and we will find something just right for you! Opportunities are available with the State Health Insurance Assistance Program (SHIP), the Public Guardian Program, and Long-Term Care Ombudsman Program.

Heartfelt   
**THANKS**  
**TO OUR VOLUNTEERS!**

## **SHIP/SMP Volunteer Joanne Lord Honored**

SHIP/SMP Volunteer Joanne Lord was honored at the Ninth Annual Governor's Volunteer Stars Awards ceremony at the Franklin Marriot Cool Springs in Franklin on February 12, 2017. Joanne is a member of Cedar Grove Methodist Church where she volunteers regularly. She is a retired registered nurse and once a month she sets up at Robert's Chapel A.M.E. Church to check blood pressures. She keeps scorebooks for the Perry County High School basketball team, and presents the starters and seniors with keepsake books from the information she gathers throughout the season. Her most valued volunteer gift is her work helping local senior citizens. Joanne volunteers at the Senior Citizens Center where she shares her knowledge and wisdom of the State Health Insurance Program (SHIP) with others and helps them make the right insurance decisions. Her motto is "not for ourselves, but for others."

### **MARK YOUR CALENDARS FOR UPCOMING EVENTS:**



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|------------------------|---|
| Mar. 1 <sup>st</sup>   | Adult Abuse Coalition Meeting, 10am, SCTDD Office   |
| Mar. 7 <sup>th</sup>   | Aging Day on the Hill, 7:30-2:00, Legislative Plaza, Nashville<br>(See Attached Flyer for Details)                    |
| Mar. 8 <sup>th</sup>   | Advisory Council on Aging & Disability Meeting, 10 am @ SCTDD   |
| Mar. 12 <sup>th</sup>  | Daylight Savings Time Begins – Move Your Clocks Ahead 1 Hour  |
| Mar. 14 <sup>th</sup>  | Senior Center Director's Association Meeting, 9am @ Marshall Co Senior Center, Lewisburg                              |
| Mar. 21-22             | TN Development District Association Annual Meeting, Murfreesboro  |
| Apr. 13 <sup>th</sup>  | TFA Board of Directors Meeting, Nashville   |
| April 14 <sup>th</sup> | Good Friday (OFFICES CLOSED FOR HOLIDAY)  |
| April 16 <sup>th</sup> | HAPPY EASTER  |
| May 2 <sup>nd</sup>    | Annual Adult Abuse Coalition Conference, 8 am, Northfield Conference Center in Spring Hill                            |
| June 9 <sup>th</sup>   | SCTDD Annual Golf Tournament to Benefit the Emergency Assistance Program, 8 am Shotgun Start, Henry Horton State Park |

# Save the Date

## 14th Annual Adult Abuse Coalition Conference

### May 2, 2017

Northfield Workforce Development  
& Conference Center  
Spring Hill, TN

Keynote Speaker  
Lisa Smartt  
"SMARTT SPEAKING"

Pending CEU's for Social Workers,  
Assisted Living Administrators  
and Attorneys

**Adult Abuse Coalition of South Central Tennessee**

(931) 379-2941 or (931) 619-0237



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**“Aging Day on the Hill”**  
**Tuesday, March 7, 2017**  
**7:30am – 2:00pm**  
**Legislative Plaza, Nashville**

For more information or to join “Aging Day on the Hill”,  
Contact Julie Jones, TFA President  
731-587-4213 or 800-750-6866 / [julie.jones@nwtd.org](mailto:julie.jones@nwtd.org)  
[www.tnfederationfortheaging.org](http://www.tnfederationfortheaging.org)

[www.facebook.com/TNFederationfortheAging](http://www.facebook.com/TNFederationfortheAging)  
[tnfedaging@outlook.com](mailto:tnfedaging@outlook.com)

**National Family Caregiver Support Program**

**PARTNERS IN CAREGIVING**

The following providers allow a 10% discount on services and goods provided by the NFCSP:

*In-home Service Providers:*

<b>Aid &amp; Assist at Home, LLC</b>	<b>888-721-7380</b>
<b>A Plus Staffing, Inc.</b>	<b>877-933-7823</b>
<b>Caring Hearts Home Health Care, LLC</b>	<b>855-245-0870</b>
<b>Home Instead Senior Care – Franklin</b>	<b>931-388-6100</b>
<b>Home Instead Senior Care - Tullahoma</b>	<b>931- 454-2022</b>
<b>Senior Moments Healthcare</b>	<b>844-670-1081</b>
<b>South Central Human Resource Agency</b>	<b>800-221-2642</b>

*Personal Emergency Response Systems (PERS):*

<b>Guardian Angel Healthcare Services</b>	<b>931-703-5537</b>
<b>Lifeline Systems, Inc.</b>	<b>800-368-2925</b>
<b>Valued Relationships, Inc. (VRI)</b>	<b>800-860-4230</b>

The following providers maintain an inventory of donated durable medical equipment:

**Medical Equipment Recycling Program**

<b>Bedford County Senior Center</b>	<b>Coffee County Senior Center</b>
<b>Giles County Senior Center</b>	<b>Hickman County Senior Center</b>
<b>Lewis County Senior Center</b>	<b>Lincoln County Senior Center</b>
<b>Marshall County Senior Center</b>	<b>Maury County Senior Center</b>
<b>Moore County Senior Center</b>	<b>Perry County Senior Center</b>
<b>Wayne County Senior Center</b>	

*The following providers are licensed to provide professional counseling.*

**Caregiver Counseling**

<b>Family Counseling Center</b>	<i>(Bedford, Coffee, Franklin &amp; Moore counties)</i>	<b>931-723-0380</b>
<b>LifeCare Family Services</b>	<i>(Giles, Lawrence &amp; Maury counties)</i>	<b>1-877-881-0359</b>
<b>Betty M. Lane, M.S.</b>	<i>(located in Fayetteville in Lincoln County)</i>	<b>931-433-2929</b>



## TN SHIP/SMP Scam Alert – Orthotics

The Medicare Zone Program Integrity Contractors have seen an increase in billing for orthotics in 2016. **Specifically for hand/wrist, knees, and back braces.** AdvanceMed has found beneficiaries being billed multiple orthotics, by different suppliers, but the same referring physician.

AdvanceMed has found that beneficiaries are receiving phone calls from a marketing company. The marketing company asks the beneficiaries about their health and physical pain. The beneficiary is transferred to a physician who talks to the patient and then refers the patient for multiple orthotics. These phone calls between the physician and beneficiary are not billed to Part B as they do not meet the requirements of a telehealth visit. This scheme appears to be bypassing CMS's Marketing Guidelines that limits the ability of suppliers to market equipment and supplies directly to a patient.

Beneficiaries need to be aware of phone calls from unknown parties regarding their personal health information. \*Write down as much information as you can if you get one of these calls - company and/or physicians name, address, phone number, etc.

- **Health information should only be discussed with the beneficiary's physician.**
- **Medicare identification numbers and other personal information should never be given out over the phone.**
- **Beneficiaries should be aware of suppliers billing for multiple orthotics and braces.**

If you think you have been a victim of this type of Medicare fraud, please

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Jan – Mar 2017

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**call TN SMP [Senior Medicare Patrol] at 1-866-836-7677 toll free to report it. Or call your local SHIP office at 931-379-2927.**